

# IDAHO SENIOR GAMES



## Record Holders through the 2018 games

Venue	Event	Age	Sex	Record	Holder	State	YR
Archery	Barebow Recurve	80-84	F	457	Elisabeth Lewis	ID	2010
Archery	Barebow Recurve	55-59	M	697	George Longston	ID	2013
Archery	Barebow Recurve	60-64	M	706	George Logsdon	ID	2016
Archery	Barebow Recurve	80-84	M	296	Hugh Lewis	NM	2010
Archery	Barebow Recurve/sights	65-69	M	664	Bill Renshaw	CA	2018
Archery	Compound Release	45-49	F	784	Terrsia Claycomb	ID	2011
Archery	Compound Release	50-54	F	828	Jeanette Riggs	ID	2017
Archery	Compound Release	55-59	F	817	Kim Boyack	ID	2017
Archery	Compound Release	80-84	F	344	Elisabeth Lewis	NM	2009
Archery	Compound Release	40-44	M	815	Bill Malone	ID	2011
Archery	Compound Release	50-54	M	870	Marvin Riggs	ID	2016
Archery	Compound Release	55-59	M	852	Rick Boyack	ID	2018
Archery	Compound Release	55-59	M	851	Dana DuMond	ID	2014
Archery	Compound Release	60-64	M	859	Patrick Johnston	ID	2017
Archery	Compound Release	65-69	M	852	Russ Sharman	ID	2017
Archery	Compound Release	70-74	M	860	Blair Peterson	ID	2016
Archery	Compound Release	75-79	M	841	Layton Kite	ID	2016
Archery	Compound Release	80-84	M	730	Bill Sturm	ID	2018
Archery	Compound Release	80-84	M	224	Hugh Lewis	NM	2009
Archery	Compound Fingers/sights	70-74	F	668	Gloria Misbach	ID	2018
Archery	Compound Fingers/sights	70-74	F	429	Gregory Misbach	ID	2018

Venue	Event	Age	Sex	Record	Holder	State	YR
Basketball	Freethrow	50-54	F	20	Maria Joyce	ID	2017
Basketball	Freethrow	55-59	F	11	Margaret Conner	ID	1995
Basketball	Freethrow	60-64	F	14	Margaret Conner	ID	2002
Basketball	Freethrow	65-69	F	19	Margaret Conner	ID	2007
Basketball	Freethrow	70-74	F	15	Pat Fujii	ID	2003
Basketball	Freethrow	75-79	F	12	Patsy Queen	ID	2014
Basketball	Freethrow	80-84	F	14	Pat Fujii	ID	2014
Basketball	Freethrow	85-89	F	11	Pat Fujii	ID	2017
Basketball	Freethrow	50-54	M	24	Rod Soper	ID	2008
Basketball	Freethrow	50-54	M	17	C Holmes	OR	2018
Basketball	Freethrow	55-59	M	24	Robert Kranz	HI	2006
Basketball	Freethrow	55-59	M	25	Rod Soper	ID	2015
Basketball	Freethrow	60-64	M	22	James Honell	ID	2003
Basketball	Freethrow	60-64	M	22	David Steadman	ID	2011
Basketball	Freethrow	60-64	M	23	Aaron Jones	CA	2008
Basketball	Freethrow	65-69	M	24	Edward Nappo	ID	2006
Basketball	Freethrow	65-69	M	24	Louie Osuna	ID	2002
Basketball	Freethrow	65-69	M	19	Tarrel Palmer	UT	2012

Basketball	Freethrow	70-74	M	24	Tarrel Palmer	UT	2016
Basketball	Freethrow	70-74	M	24	Ray Stein	ID	2017
Basketball	Freethrow	75-79	M	22	Floyd Strain	ID	2007
Basketball	Freethrow	75-79	M	24	Darrel Olson	WA	2016
Basketball	Freethrow	80-84	M	24	Floyd Strain	ID	2008
Basketball	Freethrow	80-84	M	16	Frank Condie	UT	2012
Basketball	Freethrow	85-89	M	9	John Jensen	ID	2008
Basketball	Freethrow	90-94	M	9	John Bachmann	ID	2002
Basketball	Hot Shot	50-54	F	46	Maria Joyce	ID	2017
Basketball	Hot Shot	60-64	F	19	Maxine Jones	ID	2008
Basketball	Hot Shot	70-74	F	46	Margaret Conner	ID	2010
Basketball	Hot Shot	75-79	F	20	Patsy Queen	ID	2014
Basketball	Hot Shot	80-84	F	34	Lorry Roberts	ID	2010
Basketball	Hot Shot	85-89	F	8	Pat Fujii	ID	2018
Basketball	Hot Shot	50-54	M	54	Rod Soper	ID	2008
Basketball	Hot Shot	55-59	M	73	John Fritz	ID	2010
Basketball	Hot Shot	60-64	M	70	Kerry Page	ID	2011
Basketball	Hot Shot	60-64	M	71	A Bauer	NV	2018
Basketball	Hot Shot	65-69	M	50	Don Mathern	ID	2013
Basketball	Hot Shot	65-69	M	46	Tarrel Palmer	NV	2012
Basketball	Hot Shot	70-74	M	56	G Walsh	ID	2018
Basketball	Hot Shot	70-74	M	58	Tarrel Palmer	NV	2017
Basketball	Hot Shot	75-79	M	27	Louie Osuna	ID	2011
Basketball	Hot Shot	75-79	M	45	J Pettit	WA	2018

Venue	Event	Age	Sex	Record	Holder	State	YR
Bowling	Doubles	50-54	F	727	Higgins/Whittington	ID	2016
Bowling	Doubles	55-59	F	1009	Biggerstaff/Griffiths	ID	1998
Bowling	Doubles	60-64	F	1052	Tolliver/Greg	ID	1996
Bowling	Doubles	65-69	F	978	Miller/Goode	ID	1997
Bowling	Doubles	70-74	F	947	Garrison/Imai	ID	1998
Bowling	Doubles	75-79	F	973	Garrison/Meserole	ID	1997
Bowling	Doubles	45-49	M	1180	Hughes/Albanese	ID	2011
Bowling	Doubles	50-54	M	1186	Marose/Taylor	ID	2008
Bowling	Doubles	55-59	M	1167	Hooper/Franklin	ID	1993
Bowling	Doubles	60-64	M	1396	Street/	ID	1998
Bowling	Doubles	60-64	M	1175	Johnson/Zier	MT	2016
Bowling	Doubles	65-69	M	1246	Samperisi/White	ID	2018
Bowling	Doubles	70-74	M	1169	Short/Hansen	ID	2011
Bowling	Doubles	75-79	M	1246	Samperisi/White	ID	2018
Bowling	Doubles	80-84	M	932	Meserole/Chadwick	ID	1997
Bowling	Doubles	85-89	M	1231	Otsuji/Perkins	ID	2011
Bowling	Mixed D	50-54		1076	Anderson/Anderson	ID	1997
Bowling	Mixed D	55-59		1249	Kokrda/Kokrda	ID	2018
Bowling	Mixed D	60-64		1153	Wright/Wright	ID	2011
Bowling	Mixed D	65-69		1096	Imai/Imai	ID	1995
Bowling	Mixed D	70-74		1118	Imai/Imai	ID	1997
Bowling	Mixed D	75-79		1174	Justice/Jewett	ID	2011
Bowling	Mixed D	80-84		1014	Justice/Lea	ID	2003
Bowling	Singles	50-54	F	565	Barbara Quinlan	ID	2003
Bowling	Singles	55-59	F	579	Jessie Biggerstaff	ID	1998

Bowling	Singles	60-64	F	629	Valorie Biggs	ID	2011
Bowling	Singles	65-69	F	564	Leona Conway	ID	2002
Bowling	Singles	70-74	F	546	Chickie Imai	ID	1996
Bowling	Singles	75-79	F	590	Phyllis Jewett	ID	2011
Bowling	Singles	80-84	F	524	Norma Maslonka	ID	1996
Bowling	Singles	85-89	F	432	Lois Meserole	ID	2006
Bowling	Singles	90-94	F	321	Ailsie Lane	ID	1996
Bowling	Singles	45-49	M	613	Joe Hughes	ID	2011
Bowling	Singles	50-54	M	731	Steven Albanese	ID	2011
Bowling	Singles	55-59	M	663	Robert Korkrda	ID	2018
Bowling	Singles	60-64	M	618	Roy Taylor	ID	2008
Bowling	Singles	60-64	M	532	Donald Zier	MT	2016
Bowling	Singles	65-69	M	664	Angelo Samperisi	ID	2016
Bowling	Singles	70-74	M	643	John Tolliver	ID	1993
Bowling	Singles	75-79	M	683	Lynn White	ID	2017
Bowling	Singles	75-79	M	547	David Bjork	WA	2018
Bowling	Singles	80-84	M	548	Walter F. Chadwick	ID	1993
Bowling	Singles	85-89	M	692	Rudene Perkins	ID	2011
Bowling	Singles Blind Vet.	55-59	M	488	Doug Owsley	ID	2013
Bowling	Singles Blind Vet.	70-74	M	359	David Spiegel	ID	2013
Bowling	Singles Blind Vet.	75-79	M	269	Jack Kesgard	ID	2013
Bowling	Singles Blind Vet.	80-84	M	398	George Heil	ID	2013
Bowling	Team	60-64	M	2460	Otsuji/Biggs/Rudene	ID	2011
Bowling	Team	65-69	M	2313	Cox/Haley/Gulu/McL	ID	2011
Bowling	Team	45-49	M	2513	Short/Hansen/Hughes	ID	2011

Venue	Event	Age	Sex	Record	Holder	State	YR
Cycling	10K Time Trial	50-54	F	0:16:41	Christine Edwards	ID	2018
Cycling	10K Time Trial	50-54	F	0:17:05	Kelly Haberman	WA	2013
Cycling	10K Time Trial	55-59	F	0:19:20	Connie VanCleave	ID	2010
Cycling	10K Time Trial	55-59	F	0:15:56	Lorraine Dillon	WA	2008
Cycling	10K Time Trial	60-64	F	0:18:57	Linda Roose	ID	2012
Cycling	10K Time Trial	60-64	F	0:19:43	LaNett Draper	UT	2017
Cycling	10K Time Trial	65-69	F	0:21:33	Sherry Sisson	OR	2012
Cycling	10K Time Trial	70-74	F	0:19:46	Janet Bee	CA	2008
Cycling	10K Time Trial	75-79	F	0:29:17	Mary Lou Gruber	ID	2012
Cycling	10K Time Trial	75-79	F	0:36:27	Elisabeth Johnson	NM	2006
Cycling	10K Time Trial	50-54	M	0:17:00	Lance Francis	WY	2014
Cycling	10K Time Trial	50-54	M	0:12:34	Russell Thorstrom	ID	2008
Cycling	10K Time Trial	55-59	M	0:14:04	Gary Azevedo	ID	2016
Cycling	10K Time Trial	55-59	M	0:16:50	Lance Francis	WY	2017
Cycling	10K Time Trial	60-64	M	0:13:47	Howard Roose	ID	2013
Cycling	10K Time Trial	60-64	M	0:15:27	James Noonan	WA	2009
Cycling	10K Time Trial	65-69	M	0:15:20	Delmer Newquist	ID	2013
Cycling	10K Time Trial	65-69	M	0:14:46	David Russell	OR	2010
Cycling	10K Time Trial	70-74	M	0:16:12	John Swyers	ID	2009
Cycling	10K Time Trial	70-74	M	0:15:03	Roger Johnson	OR	2013
Cycling	10K Time Trial	75-79	M	0:18:10	Will Lindsay	ID	2009
Cycling	10K Time Trial	75-79	M	0:18:28	Siegfried Schnelle	NV	2013
Cycling	10K Time Trial	80-84	M	0:21:50	Dean Montgomery	ID	2009
Cycling	10K Time Trial	80-84	M	0:26:42	Hugh Lewis	NM	2006

Cycling	20K Road Race	50-54	F	0:34:44	Christine Edwards	ID	2018
Cycling	20K Road Race	50-54	F	0:38:38	Kelly Haberman	WA	2013
Cycling	20K Road Race	55-59	F	0:40:50	Connie VanCleave	ID	2012
Cycling	20K Road Race	55-59	F	0:39:11	LaNett Draper	UT	2014
Cycling	20K Road Race	60-64	F	0:40:40	Victoria Brown	ID	2014
Cycling	20K Road Race	60-64	F	0:41:46	LaNett Draper	UT	2017
Cycling	20K Road Race	70-74	F	0:46:02	Roma Montoya	ID	2012
Cycling	20K Road Race	75-79	F	0:54:48	Lois Lindsay	ID	2011
Cycling	20K Road Race	75-79	F	0:50:44	Linda Stanly	TX	2018
Cycling	20K Road Race	50-54	M	0:32:33	Chris Berry	ID	2014
Cycling	20K Road Race	50-54	M	0:33:28	Lance Francis	WY	2014
Cycling	20K Road Race	55-59	M	0:32:33	Tom Reimbolt	ID	2012
Cycling	20K Road Race	55-59	M	0:33:51	Lance Francis	WY	2017
Cycling	20K Road Race	60-64	M	0:32:33	Bob Marcinko	ID	2012
Cycling	20K Road Race	60-64	M	0:33:28	James Noonan	WA	2009
Cycling	20K Road Race	65-69	M	0:32:33	Reinhard Seyffertitz	ID	2012
Cycling	20K Road Race	65-69	M	0:35:15	Rick Hoekwater	CA	2018
Cycling	20K Road Race	70-74	M	0:33:40	John Swyers	ID	2009
Cycling	20K Road Race	70-74	M	0:40:45	Thomas Neary	FL	2012
Cycling	20K Road Race	75-79	M	0:38:27	Will Lindsay	ID	2009
Cycling	20K Road Race	75-79	M	0:40:27	Rossiter Langhorne	WY	2013
Cycling	20K Road Race	80-84	M	0:51:10	John Crowley	ID	2016
Cycling	40K Road Race	50-54	F	1:13:09	Connie Edwards	ID	2018
Cycling	40K Road Race	50-54	F	1:17:03	Kelly Haberman	WA	2013
Cycling	40K Road Race	55-59	F	1:31:35	Connie VanCleave	ID	2014
Cycling	40K Road Race	55-59	F	1:15:02	Jodie Bolt	WA	2018
Cycling	40K Road Race	60-64	F	1:23:25	Victoria Brown	ID	2014
Cycling	40K Road Race	60-64	F	1:25:04	LaNett Draper	UT	2017
Cycling	40K Road Race	65-69	F	1:39:29	Bonnie Kenaley	ID	2017
Cycling	40K Road Race	70-74	F	1:35:42	Chris Berry	ID	2016
Cycling	40K Road Race	75-79	F	1:59:30	Lois Lindsay	ID	2011
Cycling	40K Road Race	50-54	M	1:08:49	David Peterson	ID	2018
Cycling	40K Road Race	50-54	M	1:08:46	Lance Francis	WY	2014
Cycling	40K Road Race	55-59	M	1:08:46	Tom Reimbolt	ID	2014
Cycling	40K Road Race	55-59	M	1:08:46	Michael Giordanngo	ID	2018
Cycling	40K Road Race	55-59	M	1:10:08	Rockland Draper	UT	2014
Cycling	40K Road Race	60-64	M	1:08:45	Bill Crum	ID	2018
Cycling	40K Road Race	60-64	M	1:10:58	Scott Ryman	WA	2010
Cycling	40K Road Race	65-69	M	1:08:57	S Walling	ID	2018
Cycling	40K Road Race	70-74	M	1:09:20	Reinhard Seyfert	ID	2013
Cycling	40K Road Race	75-79	M	1:21:25	Will Lindsay	ID	2009
Cycling	40K Road Race	75-79	M	1:19:40	Rossiter Langhorne	WY	2013
Cycling	40K Road Race	75-89	M	1:24:27	Siegfried Schnele	OR	2011
Cycling	40K Road Race	80-84	M	1:40:33	John Crowley	ID	2016
Cycling	5K Time Trial	50-54	F	0:09:05	Connie VanCleave	ID	2008
Cycling	5K Time Trial	50-54	F	0:09:13	Kelly Haberman	WA	2012
Cycling	5K Time Trial	55-59	F	0:09:55	Connie VanCleave	ID	2012
Cycling	5K Time Trial	55-59	F	0:08:10	Lorraine Dillon	WA	2008
Cycling	5K Time Trial	60-64	F	0:10:02	Victoria Brown	ID	2014
Cycling	5K Time Trial	60-64	F	0:09:16	LaNett Draper	UT	2017
Cycling	5K Time Trial	65-69	F	0:11:36	Michele Swan	ID	2018

Cycling	5K Time Trial	70-74	F	0:10:29	Lois Lindsay	ID	2008
Cycling	5K Time Trial	70-74	F	0:09:46	Janet Bee	CA	2008
Cycling	5K Time Trial	75-79	F	0:15:12	Mary Lou Gruber	ID	2012
Cycling	5K Time Trial	75-79	F	0:12:32	Linda Stanly	TX	2018
Cycling	5K Time Trial	50-54	M	0:06:53	Eugene Allwine	ID	2008
Cycling	5K Time Trial	50-54	M	0:07:56	Lance Francis	WY	2014
Cycling	5K Time Trial	55-59	M	0:07:20	Gary Azevedo	ID	2018
Cycling	5K Time Trial	55-59	M	0:08:16	Lance Francis	WY	2017
Cycling	5K Time Trial	60-64	M	0:07:30	Howard Roose	ID	2013
Cycling	5K Time Trial	60-64	M	0:07:49	James Noonan	WA	2009
Cycling	5K Time Trial	65-69	M	0:07:34	John Swyers	ID	2008
Cycling	5K Time Trial	65-69	M	0:07:55	Roger Johnson	OR	2009
Cycling	5K Time Trial	70-74	M	0:08:48	Allan Crockett	ID	2016
Cycling	5K Time Trial	70-74	M	0:08:11	Roger Johnson	OR	2013
Cycling	5K Time Trial	75-79	M	0:09:27	Thomas Neary	ID	2017
Cycling	5K Time Trial	75-79	M	0:08:54	Roger Johnson	OR	2016
Cycling	5K Time Trial	80-84	M	0:11:49	Dean Montgomery	ID	2009

Venue	Event	Age	Sex	Record	Holder	State	YR
Golf	Golf/Gross	50-54	F	81	Teresa Coiner	ID	2014
Golf	Golf/Gross	55-59	F	80	Patty Campbell	ID	2018
Golf	Golf/Gross	60-64	F	89	Connie Colerick	ID	2010
Golf	Golf/Gross	60-64	F	89	Kristin Christensen	ID	2010
Golf	Golf/Gross	65-69	F	96	Kathy Hutt	ID	2016
Golf	Golf/Gross	70-74	F	90	Sergene Jensen	ID	2006
Golf	Golf/Gross	75-79	F	98	Caroline Seaman	ID	2008
Golf	Golf/Gross	50-54	M	74	Glen Coiner	ID	2014
Golf	Golf/Gross	55-59	M	68	Sam Davis	ID	2010
Golf	Golf/Gross	60-64	M	74	Steve Duncanson	ID	2018
Golf	Golf/Gross	65-69	M	71	Jack Keifer	ID	2011
Golf	Golf/Gross	65-69	M	71	Mike Lemna	ID	2011
Golf	Golf/Gross	65-69	M	71	Tom Tracy	ID	2115
Golf	Golf/Gross	70-74	M	71	Larry Leach	ID	2011
Golf	Golf/Gross	75-79	M	71	Lee Bernasconi	ID	2011
Golf	Golf/Gross	80-84	M	87	Burt Holt	ID	2007
Golf	Golf/Gross	85-89	M	86	Bert Holt	ID	2009
Golf	Golf/Gross	90-94	M	110	Chuck Young	ID	2007

Venue	Event	Age	Sex	Record	Holder	State	YR
Road Race/Walk	10K	50-54	F	0:54:55	Jenny Stinson	ID	2013
Road Race/Walk	10K	50-54	F	0:51:23	Denise Gaither	WA	2010
Road Race/Walk	10K	55-59	F	0:51:32	Susan Bradley	ID	2011
Road Race/Walk	10K	60-64	F	1:02:42	Kristin Christensen	ID	2010
Road Race/Walk	10K	65-69	F	1:04:05	Susan Urness	ID	2017
Road Race/Walk	10K	65-69	F	0:58:10	Sherry Sisson	OR	2012
Road Race/Walk	10K	70-74	F	1:11:21	Miki Kaderabek	ID	2008
Road Race/Walk	10K	50-54	M	0:38:55	Emil Magallanes	ID	2008
Road Race/Walk	10K	55-59	M	0:38:13	Emil Magallanes	ID	2010
Road Race/Walk	10K	55-59	M	0:41:28	Delmer Kelly	NV	2014
Road Race/Walk	10K	60-64	M	0:48:29	Harold Giles	ID	2017
Road Race/Walk	10K	65-69	M	1:21:34	Roger Hesler	ID	2014

Road Race/Walk	10K	65-69	M	0:53:29	Larry Arata	VA	2011
Road Race/Walk	10K	70-74	M	1:01:07	Charles Davis	ID	2016
Road Race/Walk	10K	75-79	M	0:58:01	Joe Zimmer	ID	2011
Road Race/Walk	10K	80-84	M	1:04:53	Joe Zimmer	ID	2014
Road Race/Walk	10K	80-84	M	0:53:10	Paul Flanagan	WA	2010
Road Race/Walk	5K	45-49	F	0:26:59	Angela Kerber	ID	2008
Road Race/Walk	5K	50-54	F	0:20:55	Susan Mayo	ID	2012
Road Race/Walk	5K	50-54	F	0:24:25	Denise Gaither	WA	2010
Road Race/Walk	5K	55-59	F	0:22:57	Lois Wight	ID	2012
Road Race/Walk	5K	60-64	F	0:25:29	Lois Allen	ID	2017
Road Race/Walk	5K	60-64	F	0:31:41	Patti Palmer	WV	2004
Road Race/Walk	5K	65-69	F	0:30:30	Margaret Conner	ID	2005
Road Race/Walk	5K	65-69	F	0:29:51	Louise Mihay	WA	2008
Road Race/Walk	5K	70-74	F	0:31:40	Micki Kaderabek	ID	2007
Road Race/Walk	5K	75-79	F	0:33:20	Maria Jetley	ID	2011
Road Race/Walk	5K	80-84	F	0:47:24	Pat Fujii	ID	2011
Road Race/Walk	5K	85-89	F	0:57:12	Pat Fujii	ID	2016
Road Race/Walk	5K	90-94	F	0:01:01	Lorry Roberts	ID	2017
Road Race/Walk	5K	50-54	M	0:17:45	Bob Walker	ID	2006
Road Race/Walk	5K	50-54	M	0:19:22	Larry Mays	WA	2006
Road Race/Walk	5K	55-59	M	0:19:03	Steve Moore	ID	2015
Road Race/Walk	5K	55-59	M	0:20:41	Larry Mays	WA	2008
Road Race/Walk	5K	60-64	M	0:20:47	Werner Hoeger	ID	2014
Road Race/Walk	5K	65-69	M	0:19:51	Melvin B. Branch	ID	1995
Road Race/Walk	5K	65-69	M	0:22:56	Danny Tippetts	WA	2012
Road Race/Walk	5K	70-74	M	0:22:57	Alan Crockett	ID	2016
Road Race/Walk	5K	70-74	M	0:37:19	Don Huston	UT	2004
Road Race/Walk	5K	75-79	M	0:25:05	Joe Zimmer	ID	2010
Road Race/Walk	5K	75-79	M	0:23:46	Paul Flanagan	WA	2006
Road Race/Walk	5K	80-84	M	0:43:48	Charles Baldrige	ID	2002
Road Race/Walk	5K	80-84	M	0:26:09	Paul Flanagan	WA	2011
Road Race/Walk	5K	85-89	M	0:40:48	Bruce Groves	ID	2003

Venue	Event	Age	Sex	Record	Holder	State	YR
Swim	100BACK	50-54	F	02:07.18	Cheryl Paoli	ID	2016
Swim	100BACK	55-59	F	01:24.92	Blossom Johnston	ID	2018
Swim	100BACK	60-64	F	01:52.95	Marie Baldner	ID	2006
Swim	100BACK	65-69	F	01:38.87	Jill Wright	ID	2017
Swim	100BACK	65-69	F	02:02.00	M Kleman	CA	2008
Swim	100BACK	70-74	F	01:45.78	Pat Kay	ID	1990
Swim	100BACK	75-79	F	02:40.41	Elizabeth Keen	ID	2003
Swim	100BACK	80-84	F	03:13.14	Elizabeth Keen	ID	2007
Swim	100BACK	50-54	M	01:13.36	Oliver Cleaver	ID	2015
Swim	100BACK	55-59	M	01:13.17	Oliver Cleaver	ID	2018
Swim	100BACK	55-59	M	02:25.10	Robert Kranz	HI	2006
Swim	100BACK	60-64	M	02:04.32	Chet Hall	ID	1998
Swim	100BACK	65-69	M	01:44.52	John Crooks	ID	2010
Swim	100BACK	65-69	M	01:35.37	Keith Shaw	AB	2012
Swim	100BACK	70-74	M	02:27.31	Eugene Balazs	ID	2004
Swim	100BACK	75-79	M	02:44.12	Craig Walker	ID	2016
Swim	100BACK	75-79	M	01:45.66	John Ehrenreich	WA	2005

Swim	100BACK	80-84	M	03:54.86	Bob Keyes	ID	1997
Swim	100BACK	85-89	M	04:42.16	Bob Keyes	ID	2003
Swim	100BREAST	50-54	F	01:37.00	Barbara Cosens	ID	2008
Swim	100BREAST	55-59	F	01:50.38	SherylIn Paoli	ID	2018
Swim	100BREAST	60-64	F	01:30.78	Janet Gettling	ID	2009
Swim	100BREAST	60-64	F	01:50.00	Coleen Colasito	NV	2017
Swim	100BREAST	65-69	F	01:58.00	Jane Wright	ID	2014
Swim	100BREAST	70-74	F	02:12.95	Saralee Warberg	ID	2005
Swim	100BREAST	75-79	F	02:34.91	Brigitte Richardson	ID	2012
Swim	100BREAST	75-79	F	02:28.80	Patricia Hastings	MT	2014
Swim	100BREAST	80-84	F	03:09.32	Brigitte Richardson	ID	2017
Swim	100BREAST	50-54	M	01:17.59	Oliver Cleaver	ID	2015
Swim	100BREAST	55-59	M	01:24.56	RobinRowe	ID	2018
Swim	100BREAST	55-59	M	01:47.60	James Jeffords	WA	2014
Swim	100BREAST	60-64	M	01:47.10	Cleon Hone	ID	1998
Swim	100BREAST	60-64	M	01:28.06	Kieth Murray	VA	2018
Swim	100BREAST	65-69	M	01:23.32	Jim Clemmons	ID	2018
Swim	100BREAST	65-69	M	01:31.70	Karl Kleman	CA	2008
Swim	100BREAST	70-74	M	01:45.29	Paul Otter	ID	2010
Swim	100BREAST	75-79	M	01:45.42	Paul Otter	ID	2012
Swim	100BREAST	80-84	M	01:52.34	Paul Otter	ID	2016
Swim	100FLY	70-74	F	02:10.81	Wendy Weinberg	ID	2016
Swim	100FLY	50-54	M	01:06.58	Oliver Cleaver	ID	2017
Swim	100FLY	55-59	M	01:09.81	Oliver Cleaver	ID	2018
Swim	100FLY	60-64	M	01:20.68	David Harmer	ID	2010
Swim	100FLY	64-69	M	02:09.88	Michael Fenner	ID	2017
Swim	100FLY	75-79	M	02:18.00	Alfred Maguire	ID	2006
Swim	100FLY	75-79	M	02:16.10	John Ehrenreich	WA	2008
Swim	100FLY	80-84	M	02:34.40	Alfred Maguire	ID	2008
Swim	100FREE	50-54	F	01:25.49	Jill Wright	ID	2004
Swim	100FREE	55-59	F	01:09.18	Blossom Johnston	ID	2018
Swim	100FREE	55-59	F	01:48.00	Cindy Sulenes	WA	2008
Swim	100FREE	60-64	F	01:23.19	Linda Goodman	ID	2018
Swim	100FREE	60-64	F	01:40.90	Connie Williams	CA	2008
Swim	100FREE	65-69	F	01:43.66	Saundra Schmidt	ID	2010
Swim	100FREE	65-69	F	01:48.00	M Kleman	CA	2008
Swim	100FREE	70-74	F	01:38.09	Wendy Weinberg	ID	2016
Swim	100FREE	75-79	F	01:44.09	Dottie Emert	ID	2009
Swim	100FREE	80-84	F	02:39.81	Elizabeth Keen	ID	2007
Swim	100FREE	50-54	M	00:57.33	Oliver Cleaver	ID	2013
Swim	100FREE	50-54	M	01:04.20	James Jeffords	WA	2012
Swim	100FREE	55-59	M	01:03.50	Mike Bennett	ID	2008
Swim	100FREE	55-59	M	01:11.09	Graig Murray	CA	2014
Swim	100FREE	60-64	M	01:03.60	Richard Stillinger	ID	2006
Swim	100FREE	65-69	M	00:53.87	Don M. Cunningham	ID	1996
Swim	100FREE	65-69	M	01:10.75	Keith Shaw	WA	2012
Swim	100FREE	70-74	M	01:24.50	David Fortsch	ID	2006
Swim	100FREE	75-79	M	01:43.23	Ralph Butler	ID	2017
Swim	100FREE	75-79	M	01:20.56	John Ehrenreich	WA	2005
Swim	100FREE	80-84	M	01:51.88	Paul Otter	ID	2016
Swim	100FREE	80-84	M	02:25.45	Clink Yonaka	NV	1997

Swim	100FREE	85-89	M	02:40.41	Andy Anderson	ID	2011
Swim	100IM	50-54	F	01:56.32	Sue Langley	ID	2017
Swim	100IM	55-59	F	01:21.90	Blossom Johnston	ID	2018
Swim	100IM	60-64	F	01:23.79	Janet Gettling	ID	2010
Swim	100IM	60-64	F	01:54.60	Connie Williams	CA	2008
Swim	100IM	65-69	F	01:37.42	Jill Wright	ID	2017
Swim	100IM	70-74	F	02:01.67	Wendy Weinberg	ID	2016
Swim	100IM	75-79	F	02:15.40	Patricia Hastings	MT	2014
Swim	100IM	50-54	M	01:07.10	Oliver Cleaver	ID	2013
Swim	100IM	55-59	M	01:18.41	Robin Rowe	ID	2018
Swim	100IM	55-59	M	01:28.57	Craig Murray	CA	2018
Swim	100IM	60-64	M	01:23.43	Mark Nering	ID	2018
Swim	100IM	65-69	M	01:14.73	Jim Clemmons	ID	2018
Swim	100IM	65-69	M	01:15.00	Robert Shannon	CA	2018
Swim	100IM	70-74	M	01:52.03	Paul Otter	ID	2010
Swim	100IM	75-79	M	01:50.50	John Ehrenreich	WA	2008
Swim	100IM	80-84	M	02:17.50	Alfred Maguire	ID	2007
Swim	200BACK	50-54	F	03:19.51	Jill Wright	ID	2004
Swim	200BACK	55-59	F	02:18.01	Jill Wright	ID	2010
Swim	200BACK	60-64	F	04:14.40	Marie Baldner	ID	2006
Swim	200BACK	65-69	F	04:07.30	Marie Baldner	ID	2009
Swim	200BACK	70-74	F	07:46.80	Mary Frangiosa	ID	2014
Swim	200BACK	75-79	F	05:46.37	Elizabeth Keen	ID	2002
Swim	200BACK	80-84	F	06:46.70	Elizabeth Keen	ID	2007
Swim	200BACK	50-54	M	02:41.21	Mike Bennett	ID	2002
Swim	200BACK	65-69	M	02:42.67	Jim Clemmons	ID	2017
Swim	200BACK	65-69	M	03:22.91	Keith Shaw	AB	2012
Swim	200BREAST	50-54	F	04:32.30	Joetta Anderson	ID	2008
Swim	200BREAST	60-64	F	04:29.81	Marie Baldner	ID	2007
Swim	200BREAST	65-69	F	04:37.88	Marie Baldner	ID	2009
Swim	200BREAST	70-74	F	04:35.69	Wendy Weinberg	ID	2016
Swim	200BREAST	75-79	F	05:36.70	Brigitte Richardson	ID	2012
Swim	200BREAST	75-79	F	05:19.40	Patricia Hastings	MT	2014
Swim	200BREAST	80-84	F	06:41.66	Brigitte Richardson	ID	2077
Swim	200BREAST	55-59	M	02:49.52	Oliver Cleaver	ID	2017
Swim	200BREAST	55-59	M	04:16.07	James Colasito	NV	2017
Swim	200BREAST	60-64	M	03:12.79	Keith Murray	VA	2018
Swim	200BREAST	65-69	M	03:00.04	Jim Clemmons	ID	2018
Swim	200BREAST	70-74	M	03:49.51	Paul Otter	ID	2011
Swim	200BREAST	75-79	M	03:59.43	Paul Otter	ID	2012
Swim	200BREAST	80-84	M	04:14.62	Paul Otter	ID	2016
Swim	200FREE	50-54	F	03:08.07	Luke Yumiko	ID	2018
Swim	200FREE	55-59	F	03:06.55	Suzanne Squires	ID	2017
Swim	200FREE	55-59	F	04:44.30	Cindy Sulenes	WA	2008
Swim	200FREE	60-64	F	03:06.03	Linda Goodman	ID	2018
Swim	200FREE	65-69	F	02:59.41	Jill Wright	ID	2017
Swim	200FREE	70-74	F	03:34.64	Wendy Weinberg	ID	2016
Swim	200FREE	75-79	F	03:58.39	Dottie Emert	ID	2009
Swim	200FREE	80-84	F	05:51.50	Elizabeth Keen	ID	2007
Swim	200FREE	50-54	M	02:14.17	Oliver Cleaver	ID	2017
Swim	200FREE	50-54	M	03:00.75	James Jeffords	WA	2012



Swim	200FREE	55-59	M	02:27.56	Dan Steckal	ID	2018
Swim	200FREE	55-59	M	02:53.10	James Jeffords	WA	2014
Swim	200FREE	60-64	M	02:22.18	Jeff Bynum	ID	2018
Swim	200FREE	65-69	M	02:20.48	Jim Clemmons	ID	2018
Swim	200FREE	65-69	M	02:47.97	Kieth Shaw	AB	2012
Swim	200FREE	70-74	M	03:02.90	David Fortsch	ID	2006
Swim	200FREE	75-79	M	03:53.30	Ralph Butler	ID	2018
Swim	200FREE	75-79	M	03:13.50	John Ehrenreich	WA	2006
Swim	200FREE	80-84	M	02:52.10	Henry Greenberg	CA	2002
Swim	200FREE	80-84	M	04:12.31	Paul Otter	ID	2017
Swim	200FREE	85-89	M	05:55.88	Andy Anderson	ID	2011
Swim	200IM	60-64	F	03:07.82	Janet Gettling	ID	2010
Swim	200IM	65-69	F	04:00.50	Jane Wright	ID	2018
Swim	200IM	70-74	F	05:34.00	Jody Olson	ID	2002
Swim	200IM	50-54	M	02:34.83	Oliver Cleaver	ID	2017
Swim	200IM	55-59	M	03:06.30	Joe Borman	ID	2014
Swim	200IM	60-64	M	03:03.50	Mark Nering	ID	2016
Swim	200IM	65-69	M	02:40.59	Jim Clemmons	ID	2018
Swim	200IM	65-69	M	03:06.28	Kieth Shaw	AB	2012
Swim	200IM	75-79	M	04:39.38	Alfred Maguire	ID	2003
Swim	200IM	80-84	M	05:33.00	Alfred Maguire	ID	2008
Swim	25BACK	55-59	F	00:23.66	Marilyn Friedrichme	ID	1993
Swim	25BACK	60-64	F	00:26.94	Dorothy Huston	ID	1993
Swim	25BACK	65-69	F	00:28.54	Beatrice Baldrige	ID	1993
Swim	25BACK	70-74	F	00:27.24	Beatrice Baldrige	ID	1995
Swim	25BACK	75-79	F	00:54.74	Rose Ausman	ID	1992
Swim	25BACK	55-59	M	00:22.19	Chet Hall	ID	1994
Swim	25BACK	65-69	M	00:21.20	Joe Watson	ID	1993
Swim	25BACK	70-74	M	00:31.42	Dan Baer	ID	1994
Swim	25BACK	75-79	M	00:45.58	Bob Keyes	ID	1994
Swim	25BACK	80-84	M	00:39.48	John Bachmann	ID	1990
Swim	25BACK	85-89	M	00:42.83	John Bachmann	ID	1994
Swim	25FREE	55-59	F	00:19.62	Marilyn Friedrichme	ID	1992
Swim	25FREE	60-64	F	00:18.23	Dottie Emert	ID	1995
Swim	25FREE	65-69	F	00:31.47	Lotte Franklin	ID	1994
Swim	25FREE	70-74	F	00:23.54	Carmen McKee	ID	1992
Swim	25FREE	75-79	F	00:30.58	Rose Ausman	ID	1992
Swim	25FREE	55-59	M	00:17.88	Donald Huston	ID	1992
Swim	25FREE	60-64	M	00:21.57	Donald Huston	ID	1995
Swim	25FREE	65-69	M	00:17.02	Joe Watson	ID	1994
Swim	25FREE	70-74	M	00:19.51	Lyle Callow	ID	1993
Swim	25FREE	75-79	M	00:17.30	W. W. Roberts	ID	1992
Swim	25FREE	80-84	M	00:28.16	John Bachmann	ID	1992
Swim	25FREE	85-89	M	00:29.60	John Bachmann	ID	1995
Swim	400FREE	55-59	F	10:19.16	Saundra Schmidt	ID	2004
Swim	400FREE	65-69	F	18:01.55	Dorothy Huston	UT	2004
Swim	400FREE	75-79	F	14:10.38	Elizabeth Keen	ID	2004
Swim	400FREE	50-54	M	07:52.00	Ron Barker	ID	1998
Swim	400FREE	55-59	M	09:50.15	Michael Fenner	ID	2005
Swim	400FREE	65-69	M	14:38.53	Jim Madonna	AK	2004
Swim	400FREE	70-74	M	09:38.90	Andy Anderson	ID	1998

Swim	400FREE	75-79	M	12:54.28	Andy Anderson	ID	2004
Swim	400FREE	80-84	M	11:06.00	Clink Yonaka	NV	1998
Swim	500FREE	50-54	F	12:33.42	Margi Stroh	ID	2010
Swim	500FREE	55-59	F	07:43.39	Jill Wright	ID	2010
Swim	500FREE	60-64	F	11:59.44	Jean Heinz	ID	2017
Swim	500FREE	60-64	F	09:01.57	Coleen Colasito	NV	2017
Swim	500FREE	65-69	F	09:32.12	Jane Wright	ID	2017
Swim	500FREE	65-69	F	18:05.50	Dorothy Huston	AZ	2003
Swim	500FREE	70-74	F	09:32.00	Wendy Weinberg	ID	2016
Swim	500FREE	75-79	F	10:38.46	Dottie Emert	ID	2009
Swim	500FREE	75-79	F	10:27.10	Patricia Hastings	MT	2014
Swim	500FREE	50-54	M	06:22.00	Oliver Cleaver	ID	2015
Swim	500FREE	50-54	M	08:04.09	James Jeffords	WA	2012
Swim	500FREE	55-69	M	06:20.37	Oliver Cleaver	ID	2018
Swim	500FREE	55-59	M	07:30.18	Craig Murray	CA	2018
Swim	500FREE	60-64	M	06:29.33	Jeff Bynum	ID	2018
Swim	500FREE	65-69	M	06:12.81	Jim Clemmons	ID	2017
Swim	500FREE	65-69	M	13:35.00	Ivan Maggert	GA	2008
Swim	500FREE	70-74	M	06:46.70	David Fortsch	ID	2007
Swim	500FREE	75-79	M	10:48.42	Andy Anderson	ID	2003
Swim	500FREE	80-84	M	11:58.80	Andy Anderson	ID	2006
Swim	50BACK	50-54	F	00:57.16	Shirley Olen	ID	1996
Swim	50BACK	55-59	F	00:37.89	Blossom Johnston	ID	2018
Swim	50BACK	60-64	F	00:51.49	Marie Baldner	ID	2006
Swim	50BACK	65-69	F	00:50.60	Jane Wright	ID	2017
Swim	50BACK	65-69	F	00:53.11	Diane Kleman	CA	2008
Swim	50BACK	70-74	F	01:02.40	Edith Kennedy	ID	1998
Swim	50BACK	75-79	F	01:10.00	Elizabeth Keen	ID	2003
Swim	50BACK	75-79	F	01:05.40	Patricia Hastings	MT	2014
Swim	50BACK	80-84	F	01:16.48	Lynn Jensen	ID	2002
Swim	50BACK	50-54	M	00:31.73	Oliver Cleaver	ID	2016
Swim	50BACK	55-59	M	00:32.35	Oliver Cleaver	ID	2018
Swim	50BACK	55-59	M	01:06.50	Robert Kranz	HI	2007
Swim	50BACK	60-64	M	00:52.93	Chet Hall	ID	1997
Swim	50BACK	60-64	M	00:38.44	Keith Murray	VA	2018
Swim	50BACK	65-69	M	00:45.62	Richard Kneidl	ID	2017
Swim	50BACK	65-69	M	00:35.33	Robert Shannon	CA	2018
Swim	50BACK	70-74	M	00:45.00	Bob Keenan	ID	1991
Swim	50BACK	75-79	M	01:03.60	Bob Keenan	ID	1996
Swim	50BACK	75-79	M	00:50.03	John Ehrenreich	WA	2006
Swim	50BACK	80-84	M	01:26.70	John Bachmann	ID	1992
Swim	50BACK	85-89	M	02:05.06	Bob Keyes	ID	2002
Swim	50BREAST	50-54	F	00:45.00	Barbara Cosens	ID	2008
Swim	50BREAST	55-59	F	00:41.35	Blossom Johnston	ID	2018
Swim	50BREAST	60-64	F	00:39.89	Janet Gettling	ID	2009
Swim	50BREAST	60-64	F	00:49.00	Coleen Colasito	NV	2017
Swim	50BREAST	65-69	F	00:57.71	Ashey Inke	ID	2018
Swim	50BREAST	65-69	F	00:39.69	Dorothy Huston	AZ	2003
Swim	50BREAST	70-74	F	00:58.30	Edith Kennedy	ID	1998
Swim	50BREAST	75-79	F	00:59.46	Dottie Emert	ID	2009
Swim	50BREAST	75-79	F	01:07.90	Patricia Hastings	MT	2014

Swim	50BREAST	80-84	F	01:27.75	Brigitte Richardson	ID	2017
Swim	50BREAST	50-54	M	00:33.70	Oliver Cleaver	ID	2013
Swim	50BREAST	50-54	M	00:52.06	James Jeffords	WA	2012
Swim	50BREAST	55-59	M	00:38.68	Robin Rowe	ID	2018
Swim	50BREAST	55-59	M	00:42.39	David Sutherland	WA	2014
Swim	50BREAST	60-64	M	00:45.31	Chet Hall	ID	1997
Swim	50BREAST	60-64	M	00:36.84	Keith Murray	VA	2018
Swim	50BREAST	65-69	M	00:45.61	John Croos	ID	2010
Swim	50BREAST	65-69	M	00:38.80	Karl Kleman	CA	2008
Swim	50BREAST	70-74	M	00:46.95	Paul Otter	ID	2010
Swim	50BREAST	75-79	M	00:48.32	Paul Otter	ID	2014
Swim	50BREAST	75-79	M	01:06.80	John Ehrenreich	WA	2006
Swim	50BREAST	80-84	M	00:48.77	Paul Otter	ID	2016
Swim	50BREAST	85-89	M	02:47.37	Bob Keyes	ID	2002
Swim	50FLY	50-54	F	00:39.71	Jill Wright	ID	2004
Swim	50FLY	55-59	F	00:45.45	Suzanne Squires	ID	2017
Swim	50FLY	60-64	F	00:50.80	Connie Williams	CA	2008
Swim	50FLY	65-69	F	00:49.80	Jill Wright	ID	2017
Swim	50FLY	70-74	F	01:17.00	Jody Olson	ID	2003
Swim	50FLY	50-54	M	00:28.57	Oliver Cleaver	ID	2016
Swim	50FLY	50-54	M	00:34.21	Henry Greenberg	CA	2002
Swim	50FLY	55-59	M	00:35.64	David Sutherland	WA	2014
Swim	50FLY	55-59	M	00:29.00	Oliver Cleaver	ID	2018
Swim	50FLY	60-64	M	00:34.72	Mark Mering	ID	2016
Swim	50FLY	60-64	M	01:06.30	Ron Snipe	WA	2006
Swim	50FLY	65-69	M	00:46.84	John Crooks	ID	2010
Swim	50FLY	65-69	M	00:32.30	Robert Shannon	CA	2018
Swim	50FLY	70-74	M	00:44.58	Paul Otter	ID	2010
Swim	50FLY	75-79	M	00:46.88	Paul Otter	ID	2011
Swim	50FLY	75-79	M	00:49.40	John Ehrenreich	WA	2008
Swim	50FLY	80-84	M	01:08.90	Alfred Maguire	ID	2007
Swim	50FLY	60-64	W	00:37.23	Janet Gettling	ID	2010
Swim	50FREE	50-54	F	00:39.24	Yumiko Luke	ID	2018
Swim	50FREE	55-59	F	00:29.03	Blossom Johnston	ID	2018
Swim	50FREE	60-64	F	00:32.60	Janet Gettling	ID	2009
Swim	50FREE	60-64	F	00:45.00	Connie Williams	CA	2008
Swim	50FREE	65-69	F	00:40.50	Jane Wright	ID	2017
Swim	50FREE	65-69	F	00:49.00	M Kleman	CA	2008
Swim	50FREE	70-74	F	00:49.66	Saralee Warberg	ID	2005
Swim	50FREE	75-79	F	00:43.41	Dottie Emert	ID	2009
Swim	50FREE	80-84	F	01:15.02	Helen Conant	ID	1991
Swim	50FREE	50-54	M	00:25.37	Oliver Cleaver	ID	2013
Swim	50FREE	50-54	M	00:38.00	James Jeffords	WA	2012
Swim	50FREE	55-59	M	00:29.45	Joe Borman	ID	2014
Swim	50FREE	55-59	M	00:30.42	Craig Murray	CA	2018
Swim	50FREE	60-64	M	00:26.81	Richard Stillinger	ID	2006
Swim	50FREE	65-69	M	00:25.65	Jim Pierce	ID	2016
Swim	50FREE	65-69	M	00:29.48	Robert Shannon	CA	2018
Swim	50FREE	70-74	M	00:34.40	Bob Keenan	ID	1990
Swim	50FREE	75-79	M	00:36.00	Paul Otter	ID	2014
Swim	50FREE	75-79	M	00:37.26	John Ehrenreich	WA	2004

Swim	50FREE	80-84	M	00:43.17	John Bachmann	ID	1992
Swim	50FREE	85-89	M	01:15.35	Andy Anderson	ID	2012

Venue	Event	Age	Sex	Record	Holder	State	YR
Track	100 Dash	50-54	F	00:15.71	Signe Bedard	ID	2012
Track	100 Dash	50-54	F	00:17.90	Carol Ruth	CA	2008
Track	100 Dash	55-59	F	17:01.00	Angela Kerber	ID	2017
Track	100 Dash	55-59	F	00:19.17	Joyce Taylor	WA	2017
Track	100 Dash	60-64	F	00:16.40	Carolyn Einerson	ID	2016
Track	100 Dash	60-64	F	00:18.10	Betty Schaefer	OR	2010
Track	100 Dash	65-69	F	00:17.72	Verla Boone	ID	1991
Track	100 Dash	65-69	F	00:18.40	Susan Hill	FLA	2016
Track	100 Dash	70-74	F	00:19.80	Edith Kennedy	ID	1998
Track	100 Dash	75-79	F	00:21.96	Patsy Queen	ID	2015
Track	100 Dash	80-84	F	00:27.99	Pat Fujii	ID	2012
Track	100 Dash	85-89	F	00:31.62	Pat Fujii	ID	2017
Track	100 Dash	50-54	M	00:12.23	Kevin Kellum	ID	2012
Track	100 Dash	50-54	M	00:12.60	Robert Cole	UT	2016
Track	100 Dash	55-59	M	00:13.00	Theron Nelson	ID	1994
Track	100 Dash	55-59	M	00:12.40	Chris Bayley	AZ	2016
Track	100 Dash	60-64	M	00:13.48	Claude V. Long	ID	1994
Track	100 Dash	60-64	M	00:13.48	John Galazin	ID	2007
Track	100 Dash	60-64	M	00:13.23	Greg Pizza	CA	2017
Track	100 Dash	65-69	M	00:13.30	Claude V. Long	ID	1996
Track	100 Dash	65-69	M	00:14.66	Marlowe Goble	UT	2012
Track	100 Dash	70-74	M	00:15.30	Claude V. Long	ID	2003
Track	100 Dash	70-74	M	00:14.59	Jack Coy	OR	2002
Track	100 Dash	75-79	M	00:14.69	Bill Platts	ID	2005
Track	100 Dash	75-79	M	00:16.29	Paul Flanagan	WA	2006
Track	100 Dash	80-84	M	00:15.80	Bill Platts	ID	2010
Track	100 Dash	80-84	M	00:19.47	John Parker	WY	2018
Track	100 Dash	85-89	M	00:20.50	Howard Walling	ID	2015
Track	1500M	50-54	F	05:23.37	Lois Allen	ID	2008
Track	1500M	50-54	F	07:06.30	Carol Ruth	CA	2008
Track	1500M	55-59	F	07:11.70	Christine Olwn	ID	2018
Track	1500M	60-64	F	06:29.00	Clair Ingraham	ID	1996
Track	1500M	60-64	F	08:19.65	Diane Hall	CA	2004
Track	1500M	65-69	F	08:31.20	Margaret Conner	ID	2006
Track	1500M	65-69	F	08:04.50	Louise Mihay	WA	2008
Track	1500M	70-74	F	08:35.82	Jody Olson	ID	2002
Track	1500M	50-54	M	04:48.01	Bob Walker	ID	2004
Track	1500M	50-54	M	04:38.60	Dave Clingan	OR	2008
Track	1500M	55-59	M	05:46.91	Mike Mitchell	ID	2017
Track	1500M	55-59	M	06:40.70	Michael Shepherd	WA	2008
Track	1500M	60-64	M	05:20.66	Mark Werthmann	ID	2018
Track	1500M	60-64	M	05:35.32	Delmar Kelly	NV	2018
Track	1500M	65-69	M	05:32.31	Bob Walker	ID	2018
Track	1500M	65-69	M	05:42.92	David Waln	OR	2018
Track	1500M	70-74	M	05:44.50	Ken Girton	ID	2018
Track	1500M	70-74	M	06:32.00	Desmond O'rourke	WA	2010
Track	1500M	75-79	M	07:08.09	Joe Zimmer	ID	2012

Track	1500M	75-79	M	06:51.20	Paul Flanagan	WA	2010
Track	1500M	80-84	M	07:59.97	Joe Zimmer	ID	2015
Track	1500M	80-84	M	07:00.60	Paul Flanagan	WA	2011
Track	1500M Race/Walk	50-54	F	10:35.00	Diane Nimitz	ID	1998
Track	1500M Race/Walk	55-59	F	12:04.70	Fayann Lewis	ID	2011
Track	1500M Race/Walk	60-64	F	09:57.10	Lynette Schuster	ID	2016
Track	1500M Race/Walk	65-69	F	11:13.55	Lynette Schuster	ID	2018
Track	1500M Race/Walk	70-74	F	13:33.00	Val Greenspn	ID	2014
Track	1500M Race/Walk	75-79	F	13:15.09	Val Greenspn	ID	2015
Track	1500M Race/Walk	80-84	F	11:48.11	Ethel Heaney	ID	2018
Track	1500M Race/Walk	85-89	F	16:20.90	Edith Thomas	ID	2011
Track	1500M Race/WalkPwr	50-54	F	11:44.70	Catherine Gregory	ID	2018
Track	1500M Race/WalkPwr	50-54	F	11:21.00	Sue Cole	UT	2018
Track	1500M Race/WalkPwr	60-64	F	12:13.70	Denice Liley	ID	2018
Track	1500M Race/WalkPwr	60-64	F	10:34.10	Dawna Romney	UT	2018
Track	1500M Race/WalkPwr	65-69	F	11:46.90	Lynette Schuster	ID	2018
Track	1500M Race/WalkPwr	80-84	F	11:44.30	Ethel Heaney	ID	2018
Track	1500M Race/Walk	50-54	M	09:14.30	Steven Dahms	ID	2016
Track	1500M Race/Walk	50-54	M	08:30.20	Eric Johnson	UT	2011
Track	1500M Race/Walk	55-59	M	09:28.55	Steven Dahms	ID	2017
Track	1500M Race/Walk	55-59	M	07:49.52	Eric Johnson	UT	2017
Track	1500M Race/Walk	60-64	M	09:01.50	Gundy Kaupins	ID	2016
Track	1500M Race/Walk	65-69	M	09:27.30	Brion Lowry	ID	2016
Track	1500M Race/Walk	65-69	M	11:21.90	Ken Stewart	OH	2009
Track	1500M Race/Walk	70-74	M	12:52.20	Barney Greenspan	ID	2016
Track	1500M Race/Walk	70-74	M	12:02.19	Robert Linky	UT	2012
Track	1500M Race/Walk	75-79	M	11:05.00	George Pescaru	ID	2016
Track	1500M Race/Walk	75-79	M	10:55.00	Harry Gillis	OR	1998
Track	1500M Race/Walk	85-89	M	14:26.00	Robert Young	ID	2014
Track	1500M Race/WalkPwr	55-59	M	09:20.50	Steven Dahms	ID	2018
Track	1500M Race/WalkPwr	70-74	M	09:34.90	Ronald Barker	ID	2018
Track	1500M Race/WalkPwr	70-74	M	10:59.90	LD Boatright	WA	2018
Track	1500M Race/WalkPwr	75-79	M	13:05.60	Barney Greenspan	ID	2018
Track	1500M Race/WalkPwr	80-84	M	11:54.80	Bob Gokey	ID	2018
Track	200M	60-64	F	00:35.40	Carolyn Einerson	ID	2016
Track	200M	60-64	F	00:40.20	Betty Schaefer	OR	2010
Track	200M	65-69	F	00:44.36	Margaret Conner	ID	2006
Track	200M	65-69	F	00:40.30	Susan Hill	FLA	2016
Track	200M	70-74	F	00:47.60	Margaret Conner	ID	2008
Track	200M	75-79	F	00:51.45	Pat Fujii	ID	2006
Track	200M	80-84	F	01:00.80	Pat Fujii	ID	2011
Track	200M	85-89	F	02:03.97	Pat Fujii	ID	2018
Track	200M	50-54	M	00:20.00	John Rezendes	ID	2012
Track	200M	50-54	M	00:25.20	Henry James	WA	2008
Track	200M	55-59	M	00:27.22	John Dougherty	ID	2006
Track	200M	55-59	M	00:26.20	Chris Bayley	AZ	2016
Track	200M	60-64	M	00:27.07	John Galazin	ID	2007
Track	200M	60-64	M	00:30.11	Joe Cavan	OR	2005
Track	200M	65-69	M	00:27.28	Glynn Osborn	ID	2018
Track	200M	65-69	M	00:33.09	Franklyn Mosher	CA	2014
Track	200M	70-74	M	00:31.10	Claude V. Long	ID	2003

Track	200M	70-74	M	00:29.64	Jack Coy	OR	2002
Track	200M	75-79	M	00:30.80	Bill Platts	ID	2004
Track	200M	75-79	M	00:35.40	Jack Stoterau	AZ	2011
Track	200M	80-84	M	00:36.80	James Moorhead	ID	2011
Track	200M	80-84	M	00:43.18	Donald Leis	CA	2012
Track	200M	85-89	M	00:46.10	Howard Walling	ID	2016
Track	400M	45-49	F	01:28.00	Angela Kerber	ID	2011
Track	400M	50-54	F	01:18.36	Signe Bedard	ID	2012
Track	400M	50-54	F	01:26.40	Susan Hill	CO	1998
Track	400M	55-59	F	01:19.50	Lois Allen	ID	2011
Track	400M	60-64	F	01:23.77	Lois Allen	ID	2018
Track	400M	60-64	F	01:31.50	Betty Schaefer	OR	2010
Track	400M	65-69	F	01:42.51	Margaret Conner	ID	2006
Track	400M	65-69	F	01:41.90	Susan Hill	FLA	2016
Track	400M	70-74	F	01:50.60	Margaret Conner	ID	2008
Track	400M	75-79	F	01:57.50	M Marie Jetley	ID	2013
Track	400M	80-84	F	02:49.30	Pat Fujii	ID	2011
Track	400M	85-89	F	03:56.10	Pat Fujii	ID	2016
Track	400M	50-54	M	00:57.90	Brian McKinley	ID	2005
Track	400M	50-54	M	01:01.75	Leondus Worsley	IL	2014
Track	400M	55-59	M	01:02.04	Mark Werthmann	ID	2013
Track	400M	55-59	M	01:06.51	Delmar Kelly	NV	2014
Track	400M	60-64	M	01:00.09	John Galazin	ID	2006
Track	400M	60-64	M	01:03.49	Richard Jolley	UT	2014
Track	400M	65-69	M	01:01.34	Glynn Osborn	ID	2018
Track	400M	65-69	M	01:14.62	David Waln	OR	2018
Track	400M	70-74	M	01:16.60	Jim R. Moorhead	ID	1998
Track	400M	70-74	M	01:21.90	Roger Vergin	WA	2010
Track	400M	75-79	M	01:18.50	Jim R. Moorhead	ID	2003
Track	400M	75-79	M	01:17.61	Paul Flanagan	WA	2006
Track	400M	80-84	M	01:42.67	Joe Zimmer	ID	2014
Track	400M	80-84	M	01:58.42	Donald Leis	CA	2012
Track	400M	85-89	M	02:28.20	Bruce Groves	ID	1998
Track	50 Dash	50-54	F	00:08.29	Signe Bedard	ID	2012
Track	50 Dash	50-54	F	00:09.40	Carol Ruth	CA	2008
Track	50 Dash	55-59	F	00:08.88	Angela Kerber	ID	2018
Track	50 Dash	55-59	F	00:09.57	Joyce Tayler	WA	2017
Track	50 Dash	60-64	F	00:08.83	Carolyn Einerson	ID	2016
Track	50 Dash	65-69	F	00:10.83	Margaret Conner	ID	2007
Track	50 Dash	65-69	F	00:10.23	Susan Hill	FLA	2016
Track	50 Dash	70-74	F	00:11.30	Margaret Conner	ID	2008
Track	50 Dash	75-79	F	00:10.99	Patsy Queen	ID	2015
Track	50 Dash	80-84	F	00:13.50	Pat Fujii	ID	2011
Track	50 Dash	85-89	F	00:15.57	Pat Fujii	ID	2017
Track	50 Dash	50-54	M	00:06.68	Kevin Kellum	ID	2012
Track	50 Dash	50-54	M	00:06.70	Chip Crowl	CA	2008
Track	50 Dash	55-59	M	00:07.02	Curtis Jackson	ID	2012
Track	50 Dash	55-59	M	00:06.87	Chris Bayley	AZ	2016
Track	50 Dash	60-64	M	00:07.40	John Doherty	ID	2011
Track	50 Dash	60-64	M	00:07.40	Pierce Roan	ID	2008
Track	50 Dash	60-64	M	00:07.03	Greg Pizza	CA	2017

Track	50 Dash	65-69	M	00:07.29	Glynn Osborn	ID	2018
Track	50 Dash	65-69	M	00:07.70	Bert Burnham	WA	2008
Track	50 Dash	70-74	M	00:08.36	Morgan Smith	ID	2014
Track	50 Dash	70-74	M	00:08.36	James Lucker	ID	2012
Track	50 Dash	70-74	M	00:08.02	Ronald Tilgner	MT	2017
Track	50 Dash	75-79	M	00:08.87	James Lucker	ID	2017
Track	50 Dash	75-79	M	00:08.80	Darwin Girmm	OR	2010
Track	50 Dash	80-84	M	00:08.00	Bill Platts	ID	2008
Track	50 Dash	80-84	M	00:10.01	John Parker	WY	2018
Track	50 Dash	85-89	M	00:08.76	Bill Platts	ID	2013
Track	5000M Race/Walk	50-54	F	30:17.00	Mary Snyder	ID	2002
Track	5000M Race/Walk	55-59	F	31:17.00	Kristin Christensen	ID	2007
Track	5000M Race/Walk	60-64	F	30:11.00	Pamela Holton	ID	2006
Track	5000M Race/Walk	65-69	F	31:44.00	Margaret Conner	ID	2007
Track	5000M Race/Walk	65-69	F	37:37.66	Nancy Linkly	UT	2012
Track	5000M Race/Walk	70-74	F	47:35.00	Val Greenspan	ID	2014
Track	5000M Race/Walk	75-79	F	44:33.46	Ethel Heaney	ID	2017
Track	5000M Race/Walk	50-54	M	17:45.00	Bob Walker	ID	2006
Track	5000M Race/Walk	50-54	M	19:22.00	Larry Mays	WA	2006
Track	5000M Race/Walk	55-59	M	29:19.00	Robert Kranz	HI	2006
Track	5000M Race/Walk	55-59	M	32:09.00	Gundars Kapis	ID	2014
Track	5000M Race/Walk	60-64	M	30:03.00	Don Huston	ID	1994
Track	5000M Race/Walk	65-69	M	29:14.00	Rohit Parekh	ID	2006
Track	5000M Race/Walk	65-69	M	28:08.00	Mike Mills	CO	2006
Track	5000M Race/Walk	70-74	M	44:33.08	Barney Greenspan	ID	2017
Track	5000M Race/Walk	70-74	M	36:55.32	Don Huston	UT	2004
Track	5000M Race/Walk	75-79	M	35:54.00	Bruce Groves	ID	1991
Track	5000M Race/Walk	75-79	M	23:46.00	Paul Flanagan	WA	2006
Track	5000M Race/Walk	80-84	M	32:19.00	Bruce Groves	ID	1995
Track	800M	50-54	F	02:41.09	Christine Olwn	ID	2018
Track	800M	50-54	F	03:32.40	Carol Ruth	CA	2008
Track	800M	55-59	F	03:07.67	Lois Wight	ID	2012
Track	800M	55-59	F	03:17.92	Mary Aiwohi	OR	2018
Track	800M	60-64	F	03:16.00	Clair Ingraham	ID	1996
Track	800M	65-69	F	04:16.90	Margaret Conner	ID	2003
Track	800M	65-69	F	03:17.86	Suzi Maclead	OR	2002
Track	800M	70-74	F	04:20.70	Margaret Conner	ID	2008
Track	800M	50-54	M	02:24.42	Werner Hoeger	ID	2006
Track	800M	50-54	M	02:10.50	Henry James	WA	2008
Track	800M	55-59	M	02:23.30	Bob Walker	ID	2008
Track	800M	55-59	M	03:19.90	Michael Shepherd	WA	2008
Track	800M	60-64	M	02:25.66	John Galazin	ID	2006
Track	800M	60-64	M	03:00.30	Peter Reece	WA	2018
Track	800M	65-69	M	02:22.40	Reid Harter	ID	2016
Track	800M	65-69	M	03:44.35	Mike Mills	CO	2006
Track	800M	70-74	M	03:11.00	Donald Roberts	ID	2014
Track	800M	70-74	M	03:01.30	Desmond O'Rourke	WA	2010
Track	800M	75-79	M	03:30.20	Joe Zimmer	ID	2012
Track	800M	75-79	M	03:06.02	Paul Flanagan	WA	2006
Track	800M	80-84	M	03:56.96	Bruce Groves	ID	1992
Track	800M	80-84	M	03:23.50	Paul Flanagan	WA	2011

Track	Discus	50-54	F	84' 10.00"	Yvonne Kirkpatrick	ID	2008
Track	Discus	55-59	F	78' 00.50"	Yvonne Kirkpatrick	ID	2012
Track	Discus	60-64	F	74' 02.00"	Yvonne Kirkpatrick	ID	2015
Track	Discus	60-64	F	56' 03.50"	Mary Clark	IL	2009
Track	Discus	65-69	F	54' 11.00"	Leigh Connolly	ID	2012
Track	Discus	70-74	F	52' 06.00"	Edith Kennedy	ID	1998
Track	Discus	75-79	F	48' 09.00"	Donna Pence	ID	2017
Track	Discus	80-84	F	30' 01.00"	Lorry Roberts	ID	2008
Track	Discus	50-54	M	126' 07.50'	Curtis Silvester	ID	2008
Track	Discus	50-54	M	141' 07.50'	Arlen Olson	WA	2018
Track	Discus	55-59	M	120' 02.00'	John Tansley	ID	1995
Track	Discus	55-59	M	142' 02.00'	Rusty Olsen	WA	2018
Track	Discus	60-64	M	121' 08.00	Jack Way	ID	2014
Track	Discus	60-64	M	144' 02.00'	Marvin Orrock	UT	2014
Track	Discus	65-69	M	133' 00.00'	Hal Wallace	ID	1996
Track	Discus	65-69	M	136' 02.25'	William Lammers	AZ	2011
Track	Discus	70-74	M	133' 11.00'	Neil Saling	ID	2008
Track	Discus	70-74	M	120' 11.75'	Bob Lawson	WA	2009
Track	Discus	75-79	M	114' 00.00'	Hal Wallace	ID	2003
Track	Discus	75-79	M	104' 11.00'	Bob Lawson	WA	2011
Track	Discus	80-84	M	93' 06.00"	Bill Platts	ID	2012
Track	Discus	80-84	M	86' 02.00"	James Osterud	UT	2017
Track	Discus	85-89	M	84' 11.00"	Bill Platts	ID	2008
Track	Discus	85-89	M	44' 09.00"	Hugh Hackett	NM	2006
Track	Discus	90-94	M	78'05.00'	Bill Platts	ID	2018
Track	Discus	90-94	M	49' 09.00"	Herbert Wilkinson	UT	2014
Track	Football	50-54	F	60' 02.00"	Katherine Gregory	ID	2018
Track	Football	50-54	F	90' 05.00"	Angela Wach	UT	2013
Track	Football	55-59	F	48' 01.75"	Gwen Engle	ID	2009
Track	Football	55-59	F	81' 01.00"	Joyce Taylor	WA	2017
Track	Football	60-64	F	69' 09.75"	Leigh Connolly	ID	2009
Track	Football	65-69	F	65' 00.00"	Leigh Connolly	ID	2012
Track	Football	70-74	F	45' 02.00"	Leigh Connolly	ID	2018
Track	Football	50-54	M	138' 04.00'	James North	ID	2015
Track	Football	50-54	M	151' 02.75'	Jerry Ropelato	UT	2009
Track	Football	55-59	M	158' 01.00'	Robert Shirts	ID	2016
Track	Football	55-59	M	116' 02.75'	Don Parry	UT	2011
Track	Football	60-64	M	166' 10.00'	Jack Way	ID	2014
Track	Football	60-64	M	131' 05.00'	Greg Pizza	CA	2017
Track	Football	65-69	M	141' 00.00'	Joe Rooney	ID	2014
Track	Football	65-69	M	134' 10.00'	Doug Endres	CO	2014
Track	Football	70-74	M	123' 04.00'	Joe Rooney	ID	2018
Track	Football	70-74	M	105' 06.75'	Bob Lawson	WA	2009
Track	Football	75-79	M	75' 01.00"	Louie Osuna	ID	2010
Track	Football	75-79	M	97' 01.75"	Bob Lawson	WA	2011
Track	Football	80-84	M	92' 04.25"	Bill Platts	ID	2009
Track	Football	85-89	M	99' 06.00"	Bill Platts	ID	2016
Track	Hammer	50-54	F	46' 06.25"	Shannon Ewing	ID	2010
Track	Hammer	55-59	F	79' 00.00"	Yvonne Kirkpatrick	ID	2012
Track	Hammer	60-64	F	85' 08.00"	Yvonne Kirkpatrick	ID	2018
Track	Hammer	60-64	F	57' 11.25"	Leigh Connolly	ID	2009



Track	Hammer	60-64	F	63' 04.50"	Mary Clark	IL	2009
Track	Hammer	60-64	F	54' 06.50"	Catherine Bishop	KY	2010
Track	Hammer	65-69	F	55' 01.50"	Leigh Connolly	ID	2012
Track	Hammer	65-69	F	66' 00.00"	William Wuth	GA	2008
Track	Hammer	70-74	F	56' 03.50"	Leigh Connolly	ID	2018
Track	Hammer	50-54	M	102' 10.50'	Chuck Ewing	ID	2012
Track	Hammer	50-54	M	111' 00.00'	Arlen Olson	WA	2018
Track	Hammer	55-59	M	48' 08.00"	Jer Hume	ID	2012
Track	Hammer	55-59	M	84' 10.75"	Steve Keough	MN	2010
Track	Hammer	60-64	M	89' 03.00'	Jer Hume	ID	2018
Track	Hammer	60-64	M	98' 03.00"	Bill Deeter	OR	2009
Track	Hammer	65-69	M	94' 06.00"	Jay Bair	ID	2012
Track	Hammer	65-69	M	66' 00.00"	William Wuth	GA	2008
Track	Hammer	70-74	M	108' 02.75'	John Tansley	ID	2009
Track	Hammer	70-74	M	114' 00.00'	Bob Lawson	WA	2009
Track	Hammer	75-79	M	62' 03.00	Larry Johnson	ID	2018
Track	Hammer	75-79	M	105' 08.75'	Bob Lawson	WA	2011
Track	Hammer	85-89	M	45' 10.00"	John Jensen	ID	2008
Track	Hammer	90-94	M	72' 10.50"	Bill Platts	ID	2018
Track	High Jump	50-54	F	2' 06.00"	Mireya Messner	ID	1996
Track	High Jump	50-54	F	4' 07.00"	Angela Wach	UT	2013
Track	High Jump	55-59	F	3' 08.00"	Joann Behr	ID	2002
Track	High Jump	60-64	F	3' 10.00"	Joann Behr	ID	2006
Track	High Jump	60-64	F	3' 02.00"	Mary Clark	IL	2009
Track	High Jump	65-69	F	2' 09.00"	Patsy Queen	ID	2006
Track	High Jump	65-69	F	3' 02.00"	Nancy Nelson	OR	2011
Track	High Jump	75-79	F	2' 04.00"	Patsy Queen	ID	2015
Track	High Jump	70-74	F	3' 00.00"	Lotte Franklin	ID	1996
Track	High Jump	75-79	F	2' 07.00"	Patsy Queen	ID	2014
Track	High Jump	50-54	M	5' 05.00"	Kevin Kellum	ID	2012
Track	High Jump	50-54	M	5' 03.00"	Dwight McMaster	WA	2012
Track	High Jump	55-59	M	6' 05.75"	Delmar Kelly	ID	2010
Track	High Jump	55-59	M	5' 02.00"	Marvin Orrock	UT	2011
Track	High Jump	60-64	M	4' 09.00"	Ricky Berg	ID	2006
Track	High Jump	60-64	M	5' 01.00"	Marvin Orrock	UT	2013
Track	High Jump	65-69	M	4' 04.75"	William Wuth	GA	2008
Track	High Jump	65-69	M	4' 02.00"	Daniel Packham	ID	2018
Track	High Jump	70-74	M	4' 03.75"	Dean Dopp	ID	2011
Track	High Jump	70-74	M	4' 02.00"	Ralph Reiche	UT	2011
Track	High Jump	75-79	M	3' 06.00"	Robert Asin	ID	1991
Track	High Jump	75-79	M	4' 00.00"	Ralph Reiche	UT	2013
Track	High Jump	80-84	M	3' 01.25"	Nolan Packham	ID	2010
Track	High Jump	80-84	M	3' 06.00"	Donald Leis	CA	2012
Track	High Jump	85-89	M	3' 00.00"	Marcel Rocker	ID	1996
Track	High Jump	90-94	M	3' 04.00"	Herbert Wilkinson	UT	2013
Track	Javelin	50-54	F	53' 06.00"	Yvonne Kirkpatrick	ID	2007
Track	Javelin	50-54	F	85' 08.50"	Allison McCormick	OR	2010
Track	Javelin	55-59	F	67' 03.00"	Joann Behr	ID	2002
Track	Javelin	55-59	F	30' 04.00"	Betsy Snipe	WA	2006
Track	Javelin	60-64	F	59' 00.00"	Mary Schiling	ID	2018
Track	Javelin	60-64	F	52' 03.50"	Catherine Bishop	KY	2010

Track	Javelin	65-69	F	51' 04.00"	Leigh Connolly	ID	2012
Track	Javelin	70-74	F	40' 11.50"	Edith Kennedy	ID	1998
Track	Javelin	75-79	F	39' 06.00"	Margaret Conner	ID	2014
Track	Javelin	80-84	F	22' 00.00"	Ethel Heaney	ID	2018
Track	Javelin	40-44	M	121' 03.75'	Morgan Hick	ID	2011
Track	Javelin	50-54	M	131' 00.25'	Hugo Jacobsmeyer	ID	2003
Track	Javelin	50-54	M	143' 07.50'	Walt Chamberlain	OR	2004
Track	Javelin	55-59	M	157' 04.50'	Robert Shirts	ID	2016
Track	Javelin	55-59	M	113' 02.25'	Marvin Orrock	UT	2009
Track	Javelin	60-64	M	146' 05.25'	Hugo Jacobsmeyer	ID	2009
Track	Javelin	60-64	M	143' 10.50'	Peter Labarge	WA	2002
Track	Javelin	65-69	M	116' 08.00'	Jack Way	ID	2017
Track	Javelin	65-69	M	114' 06.00'	Dennis Rider	NV	2009
Track	Javelin	70-74	M	119' 07.50'	Bill Platts	ID	2002
Track	Javelin	70-74	M	163' 02.50'	Gary Stenlund	WA	2010
Track	Javelin	75-79	M	121' 08.50'	Bill Platts	ID	2004
Track	Javelin	75-79	M	89' 06.00"	Bob Lawson	WA	2011
Track	Javelin	80-84	M	115' 08.00"	Bill Platts	ID	2010
Track	Javelin	80-84	M	73' 04.00"	James Osterud	UT	2017
Track	Javelin	85-89	M	109' 10.00"	Bill Platts	ID	2014
Track	Javelin	85-89	M	48' 07.00"	Hugh Hackett	NM	2006
Track	Javelin	90-94	M	97' 05.00"	Bill Platts	ID	2018
Track	Javelin	90-94	M	44' 09.00"	Herbert Wilkinson	UT	2014
Track	Long Jump	50-54	F	12' 02.00"	Angela Kerber	ID	2014
Track	Long Jump	50-54	F	11' 11.00"	Angela Wach	UT	2013
Track	Long Jump	55-59	F	11' 07.00"	Angela Kerber	ID	2017
Track	Long Jump	55-59	F	06' 03.25"	Betsy Snipe	WA	2006
Track	Long Jump	60-64	F	10' 04.50"	Joann Behr	ID	2006
Track	Long Jump	60-64	F	07' 01.25"	Mary Clark	IL	2009
Track	Long Jump	65-69	F	09' 07.00"	Edith Kennedy	ID	1995
Track	Long Jump	65-69	F	03' 06.00"	Susan Hill	FLA	2016
Track	Long Jump	70-74	F	08' 07.00"	Edith Kennedy	ID	1998
Track	Long Jump	75-79	F	07' 06.00"	Patsy Queen	ID	2015
Track	Long Jump	80-84	F	05' 09.25"	Pat Fujii	ID	2013
Track	Long Jump	85-89	F	03' 11.00"	Pat Fujii	ID	2016
Track	Long Jump	50-54	M	19' 01.00"	Kevin Kellum	ID	2012
Track	Long Jump	50-54	M	18' 09.00"	Scott Williams	MT	2012
Track	Long Jump	55-59	M	16' 02.00"	Daniel Packham	ID	2011
Track	Long Jump	55-59	M	16' 07.00"	Steve Worley	OR	2010
Track	Long Jump	60-64	M	16' 10.75"	Daniel Packham	ID	2013
Track	Long Jump	60-64	M	15' 05.00"	Tom Obray	UT	2017
Track	Long Jump	65-69	M	14' 08.00"	Daniel Packham	ID	2018
Track	Long Jump	65-69	M	13' 09.00"	William Wuth	GA	2008
Track	Long Jump	70-74	M	13' 05.00"	Bill Platts	ID	1998
Track	Long Jump	70-74	M	13' 01.25"	Roger Vergin	WA	2010
Track	Long Jump	75-79	M	12' 03.25"	Bill Platts	ID	2003
Track	Long Jump	75-79	M	9' 01.00"	Duncan Beck	WI	2017
Track	Long Jump	80-84	M	11' 09.50"	Bill Platts	ID	2010
Track	Long Jump	80-84	M	09' 01.00"	Donald Leis	CA	2012
Track	Long Jump	85-89	M	11' 11.75"	Bill Platts	ID	2015
Track	Long Jump	90-94	M	8' 06.00"	Bill Platts	ID	2018

Track	Pole Vault	50-54	F	03' 06.00"	Lisa Hlavinka	ID	2018
Track	Pole Vault	60-64	F	04' 03.75"	Mary Clark	IL	2009
Track	Pole Vault	50-54	M	10' 01.00"	Darin Hlavinka	ID	2018
Track	Pole Vault	50-54	M	13' 00.00"	Louis Baucom	WA	2008
Track	Pole Vault	55-59	M	07' 06.75"	Daniel Packham	ID	2011
Track	Pole Vault	60-64	M	10' 06.00"	Bruce Perkins	ID	2006
Track	Pole Vault	60-64	M	07' 06.50"	Charles Bishop	KY	2010
Track	Pole Vault	65-69	M	06' 03.00"	Roger DeJonge	ID	2017
Track	Pole Vault	65-69	M	09' 06.00"	Mardo Connelly	NV	2008
Track	Pole Vault	70-74	M	08' 01.00"	Gary Wuest	CA	2018
Track	Pole Vault	80-84	M	07' 06.00"	Rudene Perkins	ID	2006
Track	Pole Vault	80-84	M	05' 00.00"	John Parker	WY	2018
Track	Pole Vault	85-89	M	5' 00.00"	Ed Kent	ID	2018
Track	Shot Put	50-54	F	32' 08.00"	Charlayne Streeter	ID	2018
Track	Shot Put	55-59	F	31' 04.25"	Yvonne Kirkpatrick	ID	2010
Track	Shot Put	55-59	F	27' 11.00"	Joyce Taylor	WA	2017
Track	Shot Put	60-64	F	28' 03.00"	Yvonne Kirkpatrick	ID	2015
Track	Shot Put	60-64	F	24' 03.50"	Mary Clark	IL	2009
Track	Shot Put	65-69	F	22' 03.00"	Lorry Roberts	ID	1992
Track	Shot Put	65-69	F	20' 08.00"	Susan Hill	FLA	2016
Track	Shot Put	70-74	F	17' 08.00"	Marietta Cross	ID	2005
Track	Shot Put	75-79	F	19' 10.00"	Donna Pence	ID	2017
Track	Shot Put	80-84	F	12' 06.00"	Lorry Roberts	ID	2008
Track	Shot Put	50-54	M	44' 09.00"	Kevin Kullander	ID	2013
Track	Shot Put	50-54	M	40' 00.50"	Melvin Sadler	UT	2012
Track	Shot Put	55-59	M	40' 00.50"	Hugo Jacobsmeyer	ID	2004
Track	Shot Put	55-59	M	39' 09.50"	Rusty Olsen	WA	2018
Track	Shot Put	60-64	M	38' 08.50"	John Tansley	ID	1996
Track	Shot Put	60-64	M	43' 05.50"	Jerry Ford	OR	2007
Track	Shot Put	65-69	M	40' 09.00"	Jay Bair	ID	2015
Track	Shot Put	65-69	M	40' 07.75"	William Lammers	AZ	2011
Track	Shot Put	70-74	M	42' 03.00"	Jay Bair	ID	2017
Track	Shot Put	70-74	M	43' 01.50"	William Harvey	NV	2018
Track	Shot Put	75-79	M	36' 01.00"	Hal Wallace	ID	2004
Track	Shot Put	75-79	M	31' 09.00"	Bob Lawson	WA	2011
Track	Shot Put	80-84	M	30' 06.00"	Bill Godfrey	ID	2018
Track	Shot Put	80-84	M	30' 03.50"	Ed Kent	ID	2017
Track	Shot Put	80-84	M	31' 09.00"	James Osterud	UT	2017
Track	Shot Put	85-89	M	33' 00.50"	Bill Platts	ID	2015
Track	Shot Put	85-89	M	18' 08.00"	Hugh Hackett	NM	2006
Track	Shot Put	90-94	M	29' 02.00"	Bill Platts	ID	2018
Track	Shot Put	90-94	M	26' 00.00"	Herbert Wilkinsen	UT	2013
Track	Softball	50-54	F	138' 02.00'	Laura Burgan	ID	2018
Track	Softball	50-54	F	109' 00.00'	Angela Wach	UT	2013
Track	Softball	55-59	F	120' 09.25'	Joann Behr	ID	2002
Track	Softball	55-59	F	94' 06.00"	Joyce Taylor	WA	2017
Track	Softball	60-64	F	120' 03.00'	Joann Behr	ID	2006
Track	Softball	65-69	F	78' 10.00"	Leigh Connolly	ID	2012
Track	Softball	65-69	F	77' 07.25"	Dorothy Huston	UT	2005
Track	Softball	70-74	F	71' 02.00"	Edith Kennedy	ID	1998
Track	Softball	75-79	F	53' 09.50"	Lorry Roberts	ID	2002

Track	Softball	80-84	F	42' 03.00"	Lorry Roberts	ID	2008
Track	Softball	50-54	M	232' 02.25'	John Doherty	ID	2002
Track	Softball	50-54	M	198' 06.50'	Jerry Ropelato	UT	2009
Track	Softball	55-59	M	202' 05.00'	Hugo Jacobsmeyer	ID	2006
Track	Softball	55-59	M	175' 04.00'	Eric Johnson	UT	2017
Track	Softball	60-64	M	223' 07.75'	James Thompson	ID	2009
Track	Softball	60-64	M	195' 07.00'	Greg Pizza	CA	2017
Track	Softball	65-69	M	199' 03.00'	James Thompson	ID	2012
Track	Softball	65-69	M	173' 01.00'	Gary Wuest	CA	2014
Track	Softball	70-74	M	183' 10.50'	Bill Platts	ID	2002
Track	Softball	70-74	M	169' 07.00'	Gary Wuest	CA	2017
Track	Softball	75-79	M	154' 11.50'	Bill Platts	ID	2003
Track	Softball	75-79	M	137' 05.00'	Bob Lawson	WA	2011
Track	Softball	80-84	M	130' 01.75'	Bill Platts	ID	2010
Track	Softball	85-89	M	108' 00.00'	Bill Platts	ID	2015
Track	Softball	90-94	M	81' 02.00"	Bill Platts	ID	2018
Track	Softball	90-94	M	72' 08.00"	Herbert Wilkinson	UT	2013
Track	Standing Long Jump	50-54	F	5' 11.50"	Yvonne Kirkpatrick	ID	2005
Track	Standing Long Jump	50-54	F	7' 05.25"	Angela Wach	UT	2013
Track	Standing Long Jump	55-59	F	6' 05.00"	Candace Argo	ID	2012
Track	Standing Long Jump	55-59	F	5' 07.00"	Joyce Taylor	WA	2017
Track	Standing Long Jump	60-64	F	6' 05.00"	Joann Behr	ID	2006
Track	Standing Long Jump	60-64	F	5' 06.00"	Nancy Nelson	OR	2010
Track	Standing Long Jump	65-69	F	3' 05.00"	Lynette Schuster	ID	2018
Track	Standing Long Jump	65-69	F	5' 04.00"	Nancy Nelson	OR	2011
Track	Standing Long Jump	70-74	F	4' 02.00"	Pat Fujii	ID	2006
Track	Standing Long Jump	75-79	F	4' 04.00"	Pat Fujii	ID	2008
Track	Standing Long Jump	80-84	F	3' 05.00"	Pat Fujii	ID	2013
Track	Standing Long Jump	85-89	F	2' 11.00"	Pat Fujii	ID	2016
Track	Standing Long Jump	50-54	M	8' 07.00"	Kevin Kullander	ID	2013
Track	Standing Long Jump	50-54	M	8' 06.00"	Melvin Sadler	UT	2012
Track	Standing Long Jump	55-59	M	8' 07.00"	Daniel Packham	ID	2012
Track	Standing Long Jump	55-59	M	8' 08.00"	Chris Bayley	AZ	2016
Track	Standing Long Jump	60-64	M	8' 09.00"	Daniel Packham	ID	2013
Track	Standing Long Jump	60-64	M	8' 05.00"	Marvin Orrock	UT	2013
Track	Standing Long Jump	65-69	M	8' 01.00"	Daniel Packham	ID	2018
Track	Standing Long Jump	65-69	M	7' 04.50"	Bert Burnham	WA	2008
Track	Standing Long Jump	70-74	M	7' 05.00"	Will Godfrey	ID	2008
Track	Standing Long Jump	70-74	M	6' 08.00"	Ronald Tilgner	MT	2017
Track	Standing Long Jump	75-79	M	6' 11.25"	Will Godfrey	ID	2014
Track	Standing Long Jump	75-79	M	7' 03.25"	Darwin Gimm	OR	2010
Track	Standing Long Jump	80-84	M	5' 10.00"	Will Godfrey	ID	2018
Track	Standing Long Jump	85-89	M	3' 11.00"	Hugh Hackett	NM	2006
Track	Standing Long Jump	90-94	M	4' 09.00"	Herbert Wilkinson	UT	2013
Track	Triple Jump	50-54	F	24' 02.00"	Angela Kerber	ID	2014
Track	Triple Jump	55-59	F	24' 10.00"	Angela Kerber	ID	2018
Track	Triple Jump	55-59	F	11' 01.00"	Betsy Snipe	WA	2006
Track	Triple Jump	60-64	F	19' 05.25"	Yvonne Kirkpatrick	ID	2015
Track	Triple Jump	60-64	F	15' 04.25"	Mary Clark	IL	2009
Track	Triple Jump	65-69	F	16' 11.75"	Nancy Nelson	OR	2011
Track	Triple Jump	80-84	F	12' 07.75"	Pat Fujii	ID	2013

Track	Triple Jump	85-89	F	10' 05.50"	Pat Fujii	ID	2016
Track	Triple Jump	50-54	M	34' 01.50"	Kevin Kullander	ID	2013
Track	Triple Jump	50-54	M	32' 05.00"	Bradley Shell	NV	2018
Track	Triple Jump	55-59	M	31' 08.50"	Daniel Packham	ID	2012
Track	Triple Jump	55-59	M	29' 08.50"	Don Parry	UT	2011
Track	Triple Jump	60-64	M	33' 07.00"	Daniel Packham	ID	2016
Track	Triple Jump	60-64	M	31' 11.00"	Tom Obray	UT	2017
Track	Triple Jump	65-69	M	28' 10.00"	Daniel Packham	ID	2018
Track	Triple Jump	65-69	M	26' 08.50"	William Wuth	GA	2008
Track	Triple Jump	70-74	M	21' 01.75"	Darrel Shoregt	ID	2011
Track	Triple Jump	70-74	M	31' 04.00"	Ronald Tilgner	MT	2017
Track	Triple Jump	75-79	M	20' 10.00"	Darrel Short	ID	2015
Track	Triple Jump	75-79	M	19' 03.00"	Duncan Beck	WI	2017
Track	Triple Jump	80-84	M	14' 10.00"	Rudene Perkins	ID	2006
Track	Triple Jump	80-84	M	19' 09.00"	Donald Leis	CA	2012
Track	Triple Jump	85-89	M	10' 11.00"	Hugh Hackett	NM	2006

Venue	Event	Age	Sex	Record	Holder	State	YR
Triathlon	Olympic	55-59	F	3:12:28.0	Lorraine Lewis	AZ	2014
Triathlon	Olympic	60-64	F	3:29:54.9	Terry Dorn	ID	2009
Triathlon	Olympic	50-54	M	2:17:35.8	David Knotts	ID	2009
Triathlon	Olympic	55-59	M	2:22:06.3	Jim Everett	ID	2009
Triathlon	Olympic	55-59	M	2:31:39.2	Paul Meier	WA	2009
Triathlon	Olympic	65-69	M	2:50:35.8	Ken Stephens	ID	2009
Triathlon	Olympic	70-74	M	3:01:04.0	Ken Stephens	ID	2017
Triathlon	Sprint	50-54	F	1:42:26.5	Karla Edwards	MT	2009
Triathlon	Sprint	55-59	F	1:29:11.1	Diane McGarvey	ID	2008
Triathlon	Sprint	60-64	F	1:26:06.0	Jane Wright	ID	2012
Triathlon	Sprint	65-69	F	1:36:43.0	Jane Wright	ID	2014
Triathlon	Sprint	50-54	M	1:06:08.0	Gene Allwine	ID	2008
Triathlon	Sprint	50-54	M	1:18:06.1	Steven Westphal	MT	2009
Triathlon	Sprint	55-59	M	1:25:38.0	Tim Rohrer	ID	2017
Triathlon	Sprint	60-64	M	1:24:46.6	Marcus Hamilton	ID	2010
Triathlon	Sprint	65-69	M	1:24:33.0	Michael Fenner	ID	2013
Triathlon	Sprint	70-74	M	1:39:18.5	Joe Zimmer	ID	2008
Triathlon	Sprint	80-84	M	1:26:03.0	Charley French	ID	2009

Golf	Golf/Net	55-59	F	65	Karen Edwa	ID
Golf	Golf/Net	60-64	F	73	Rosie Pinke	ID
Golf	Golf/Net	60-64	F	73	Suzann Un	ID
Golf	Golf/Net	65-69	F	89	Nancy Albe	ID
Golf	Golf/Net	70-74	F	81	Marilyn Plai	ID
Golf	Golf/Net	75-79	F	75	Caroline Se	ID
Golf	Golf/Net	80-84	F	126	Ruth Sconic	ID
Golf	Golf/Net	50-54	M	76	Mark Bryan	ID
Golf	Golf/Net	55-59	M	58	Mark Mitche	ID
Golf	Golf/Net	60-64	M	62	Bernie Neil	ID
Golf	Golf/Net	65-69	M	65	Frank Pinke	ID
Golf	Golf/Net	70-74	M	60	Robert Alex	ID
Golf	Golf/Net	75-79	M	60	Lloyd Faylo	ID

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